

Tour de Salem Flame Fighters 5th Annual

**Fund Raiser Bike Rides & 1
mile walk/run, a 5k run and a
10k run**

September 22, 2019



Four Rides—10 Mile--16 Mile-- 25 Mile & 63 Mile Metric Centric

The Salem Volunteer Fire Department Inc. will be hosting a Bike Ride on Sunday September 22, 2019. 100% of money raised from this event will go to the Salem Fire Department. The website for this event is: www.tourdesalemflamefighters.com

The Ride will start and finish at the Salem Fire Department's Carnival Grounds on Archibald Street, just off NYS Route 22 (South Main St.) Salem, NY.

Start Times- Register on-line or the day of the event registration starts at 7:00 a.m. with the 63 mile ride starting at 8:00 a.m. With the other rides to follow 25 mile at 8:30 a.m., 16 mile at 9:00 a.m., and the 10 mile at 9:00 a.m.

Cost for the ride is \$35.00 per individual or \$45.00/family.

Runs will start at 10am after all of the bikes have left. All events will start and finish at the carnival grounds on Archibald St. All participants will be required to pre-register or register the day of the event. Entry Fee: \$15.00 registration on race day, \$12.00 if registered before September 6, 2019, and \$6.00 for 1 mile race (pre-race or race day). Pre-registration can be done by emailing: salemfd4434@hotmail.com and you will receive more info. Participants in both events will be given a T-Shirt and free food at the end of the events.

☆ **FREE T-Shirt to everyone who pre-registers** ☆ **FREE FOOD for Participants after the events**

*** Sign up by going to:** <https://www.bikereg.com/tour-de-salem-flame-fighters>

(on-line registration closes September 14, 2019 at 11:59 p.m.)

Help **sponsor** this event and get your name or business will be printed on t-shirts handed out to riders & on a banner. (must be received by August 10th)

There are 3 levels of sponsors: Bronze \$75.00, Silver \$150.00, Gold \$200.00 and above

If you have any questions please contact
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Bike Ride co-chair
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