

Tour de Salem Flame Fighters 5th Annual

Fund Raiser Bike Rides

September 22, 2019



Four Rides—10 Mile--16 Mile-- 25 Mile & 63 Mile Metric Centric

★ **Plus & 1 mile walk/run, a 5k run and a 10k run**

Runs will start at 10am after all of the bikes have left. All events will start and finish at the carnival grounds on Archibald St. All participants will be required to pre-register or register the day of the event. Entry Fee: \$15.00 registration on race day, \$12.00 if registered before September 6, 2019, and \$6.00 for 1 mile race (pre-race or race day). Pre-registration can be done by emailing: salemfd4434@hotmail.com and you will receive more info. Participants in both events will be given a T-Shirt and free food at the end of the events.

100% of money raised from this event will go to Salem Volunteer Fire Department Inc.

The website for this event is: www.tourdesalemflamefighters.com

Start Times- Register on-line **or** the day of the event registration starts at 7:30 a.m. with the 63 mile ride starting at 8:00 a.m. With the other rides to follow 25 mile at 8:30 a.m., 16 mile at 9:00 a.m., and the 10 mile at 9:00 a.m.



★ **FREE T-Shirt to everyone who pre-registers**

★ **FREE FOOD for Participants after the Rides**

Cost for the ride is \$35.00 per individual or \$45.00/family.

*** Sign up by going to:** <https://www.bikereg.com/tour-de-salem-flame-fighters>

(On-line registration closes September 14, 2019 at 11:59 p.m.)

If you have any questions please contact
Steven Saunders
The Salem Tour de Flame Fighters
Bike Ride co-chair
(518) 321-9430
salemfd4434@hotmail.com